



Free! Health and safety training for students from the American Red Cross

First Aid

First Aid for Little People (ages 3 to 8)

- Teaches students how to recognize an emergency, stay calm, and get help.

Basic First Aid (ages 8 to 12)

- There are 4 separate lessons in this series including: how to respond to an emergency, choking, poison, and treating basic injuries. Each lesson is a 30 minute presentation.

Disaster Preparedness

Fire Safety (ages 3 and up)

- Students learn how to prevent fires, how to be prepared in case of a fire, and what to do should a fire occur.

Tornado Safety (ages 3 and up)

- Students learn about tornados and how to stay safe should a tornado occur.

Disaster Preparedness (ages 3 and up)

- Teaches students about a chosen hazard and how to be prepared should a disaster occur. Hazards to choose from include earthquakes, thunderstorms/lighting, floods, or general preparedness.

Health and Safety

Scrubby Bear (ages 3 to 8)

- Teaches children about germs, how they spread, and correct hand-washing technique.

Winter or Summer Safety (ages 3 to 8)

- Teaches children how to stay safe during times of extreme weather and how to recognize and respond to potential emergencies.

W.H.A.L.E.S Tales (ages 3 to 11)

- Children learn about water safety and the importance of swimming in a supervised area.

Schedule one presentation or for the whole year!

To find out more about our programs or to schedule presentations, please contact:

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